



Taff Wenallt Ministry Area

June 2026 Newsletter

***'In the last days, God declares, I will pour out
my Spirit upon all flesh . . .'***



'In our own languages we hear them speaking about God's deeds of power . . .'

(Acts 2, verse 11)

'God has made Him both Lord and Messiah, this Jesus whom you crucified '

(Acts 2, verse 36)

'This Jesus God raised up, and of that all of us are witnesses . . .'

(Acts 2, verse 32)

'That day about three thousand persons were added . . .'

(Acts 2, verse 41)

' . . . and day by day the Lord added to their number those who were being saved. '

(Acts 2, verse 47)

Happy Birthday, Church!



*Come, Holy Ghost, our souls inspire, and lighten with celestial fire!
Thou the anointing Spirit art Who dost Thy sevenfold gifts impart.
Thy blessèd unction from above is comfort, life, and fire of love.
Enable with perpetual light the dullness of our blinded sight;
Anoint and cheer our soilèd face with the abundance of Thy grace;
Keep far our foes, give peace at home; where Thou art guide, no ill can come.*

*Teach us to know the Father, Son, and Thee of both to be but One,
That through the ages all along this may be our endless song:
Praise to Thy eternal merit, Father, Son, and Holy Spirit. Amen.*

The Emmaus Experience

(St Luke chapter 24: verses 13 – 35)

Have you ever noticed that some of the saddest words in our language begin with the letter **D**? **D**isappointment, **d**oubt, **d**isillusionment, **d**efeat, **d**espair, and **d**eath. Those two disciples walking the seven miles along the road from Jerusalem to Emmaus had experienced them all.

They had left behind them in Jerusalem the dispirited and confused band of disciples with the dreadful events of Good Friday still fresh and vivid in their memories. The Master they had revered, loved, and followed had been horribly killed — a cruel death of the most dreadful and degrading kind. Their hopes were dashed. The dream was over! The band of Jesus's followers was leaderless and dispersing, falling apart, and these two disciples were already on the long way back home. The reports which were circulating that Christ's tomb was empty only confused the issue while doing nothing to resolve it. Their entire world had fallen apart. There is a world of despair in their statement: '*We trusted that He was the one who was going to redeem Israel.*'

Human hope is fragile — and when it withers, it's difficult to revive. Hopelessness is a disease of the human spirit, desperately hard to cure.

When you see someone whom you love and care for overtaken by a lengthy, unremitting illness, despair sets in. It becomes almost impossible to hope for recovery. You may even become afraid of hoping because you fear you may not be able to cope with another setback.

Those two disciples on the Emmaus road had erected a wall of hopelessness around them, trapping them in their misery. '*We had trusted . . .*' What they were confessing was '**Once we expected it, but now we don't *any more.***' — '**We *had* this thing called hope . . . but now it's gone.**'

We can all identify with their situation, and that's why this story is so important: Jesus steps into our lives and restores our hope — all **we** need to do is to recognise His presence. The stranger, Jesus, their fellow-traveller, asked what had made them so sad and downcast, and so the two disciples poured out their sad story to someone who was prepared to listen. There is a saying . . . a trouble shared is a trouble halved.

The Cross had taken Jesus from them, they couldn't make sense of it. Their minds hadn't adjusted to the changed situation. For them the Cross was a great negative. They were cast down and wallowing in their own despair. Our own lives have many distractions — hard work, dull routine, tiredness, financial problems, ill health — which can grind us down so that we just carry on mechanically, never lifting our eyes or minds from the dust of the earthly road we all travel. Life loses its meaning and leaves us washed out. We become unaware of the glory and strength of Christ's presence with us.

But this story gives us hope. Jesus, the unseen stranger in our midst, listens. Then He offers His advice and support by opening up the scriptures to show that Christ **had** to suffer these

things as part of God's plan. Jesus enabled the two travellers to understand that the Cross was the creative purposeful act of God. As St Paul later wrote: '*God was in Christ reconciling the world to Himself.*' [2 Corinthians 5, verse 19] The Cross of shame and suffering has become the Cross of redemption and salvation for all who would come to Jesus in repentance and faith.

The two-hour journey from Jerusalem to Emmaus must have felt like five minutes, wrapped up as they were in this absorbing conversation with the Lord they hadn't yet recognised.

God gave us the greatest and most perilous gift in the world, the gift of our free will. We can use it to invite Christ into our hearts — or allow Him to pass on. On reaching Emmaus, the two disciples chose to invite Jesus to stay with them and break bread with them — an invitation that Jesus can't and won't resist! He was ready to move on — they were under no compulsion to invite Him to join them. But their hearts had been won over. The simple meal needed no preparation: the bread was on the table, and the moment for Jesus's 'unmasking' had arrived.

How was it accomplished? He simply took the bread, gave thanks, and broke it . . . and they recognised Him – Christ, risen from the dead, Christ, the Saviour, the Hope of the world!

The two disciples lost no time, late though it was, in retracing their steps on the seven-mile journey back to Jerusalem to share the Good News. May that be **our** experience, not only at Easter, but for the rest of our lives. AMEN.

[Sermon preached by Dr Geoff Foot, MA Lay Reader, in All Saints' Llandaff North on the Second Sunday of Easter.]



The Clergy are always available for the Ministry of Reconciliation and Healing and the administration of the Sacrament to the sick and housebound.

TWMA Leader:	Rev'd Theresa Parker	theresalparker@cinw.org.uk	07949 769580
Vicars:	Rev'd Peter Mortimer	petermortimer@cinw.org.uk	02920 650883
	Rev'd Anna Harwood	revdannaharwood@gmail.com	07564 012412
	Rev'd Andrew Highway	office@twma.church	02920 624115
Assistant Curate:	Rev'd Henry Grover	henrygrover@cinw.org.uk	02920 624115

FAO those of you with internet access our website address is www.twma.church

At 10.00am on Sundays and Thursdays services are streamed live from St Mary's.
You can watch them at www.youtube.com/@TWMA.church/streams

For enquiries about the calling of Banns, Weddings, Baptisms, and Church Hall Bookings, the TWMA email address is office@twma.church

The TWMA telephone contact number is 02920 624115

Or you can write to the

TWMA Office, The Rectory, 6, Penlline Road, Whitchurch, Cardiff. CF14 2AD

‘ The Seven Churches of Revelation ’

(Word Search by Nicholas Ashton of St Mary’s)

*I tackled this Word Search myself. It took **hours** — it’s fiendish! Be warned! [Editor]*

K	P	Z	X	M	Y	A	Q	L	W	R	E	P	E	N	T	Z	D	B	I	N	T
A	N	R	Y	M	S	S	H	M	U	L	O	H	D	F	U	C	J	H	T	L	H
M	C	S	W	R	E	C	N	E	I	T	A	P	M	Q	J	V	C	B	E	E	R
U	X	H	M	G	R	K	P	O	D	Q	K	B	W	F	D	S	I	F	N	B	O
S	B	H	J	Y	E	M	O	C	R	E	V	O	H	R	N	I	I	E	T	E	N
F	C	E	P	H	E	S	U	S	S	Z	A	M	I	A	F	L	T	D	E	Z	E
A	R	R	B	O	L	F	H	D	W	A	R	A	T	F	X	F	L	C	I	E	Q
A	E	L	O	E	H	Q	A	C	H	A	R	I	E	E	G	O	U	W	A	J	A
S	S	C	G	L	D	G	X	I	W	B	A	D	V	A	C	U	Z	Z	V	I	O
M	X	N	I	R	L	V	D	E	T	L	D	L	I	T	T	K	D	D	H	T	Z
L	A	J	A	D	Q	O	K	B	O	H	A	Y	R	S	I	L	P	P	R	H	V
Z	A	W	J	T	O	U	E	C	I	S	F	T	O	K	O	P	L	P	U	Y	C
J	E	M	U	R	L	A	I	F	E	W	M	U	N	G	R	E	N	M	U	A	R
R	R	U	P	C	S	N	L	Y	A	Z	L	E	L	O	D	R	M	W	M	T	O
O	E	N	J	S	G	T	E	N	H	K	P	U	R	A	M	G	M	V	U	I	W
B	F	T	U	G	T	H	N	V	O	O	N	E	L	S	O	A	L	W	R	R	N
E	I	V	S	X	Q	A	X	F	T	U	U	I	M	B	V	M	C	X	A	A	Z
P	N	P	I	D	M	L	N	S	C	Q	H	R	X	N	U	U	H	P	H	H	V
A	E	F	S	K	R	O	W	D	N	P	T	R	M	O	M	M	S	W	O	R	D
U	M	B	Y	O	P	K	H	O	K	T	H	O	Q	V	L	S	R	Y	B	T	S
D	E	K	X	Q	S	V	C	X	T	F	S	R	T	K	E	J	Q	S	E	W	T
U	N	F	B	N	O	I	T	A	L	U	B	I	R	T	R	C	E	T	C	K	X
A	T	D	F	H	V	R	Q	G	N	A	M	E	K	W	L	V	J	F	T	X	B

Ephesus

Smyrna

Pergamum

Thyatira

Sardis

Philadelphia

Laodicea

Lampstand

Crown

Overcome

White

Robe

Manna

Sword

Jezebel

Repent

Works

Name

Life

Lukewarm

Hot

Cold

Faithful

Angel

Gold

Refinement

Eyesalve

Throne

Patience

Tribulation

Open

Door

Reward

Scroll

Nicolaitans

Conqueror



Ordinations in Llandaff Cathedral — June 2026

11.00 am: Saturday, 20th June: Ordinations to the Priesthood

Please pray for:

Rev'd Sarah Steadman, Rev'd Rachel Petley, Rev'd Philip Burman,
Rev'd Susannah Griffin *and* Rev'd David Harrisson

11.00 am: Saturday, 27th June: Ordinations to the Diaconate

Please pray for:

Christoph Auckland, Samantha Minett, Craig Williams,
Rob Jones *and* Richard Grabham



Regular Pattern of Church Services in the Taff Wenallt Ministry Area

Day:	Time:	Venue:	Service:
Sunday	8.00 am	St Mary's Whitchurch	Holy Communion
Sunday	8.00 am	All Saints' Rhiwbina	Holy Communion
Sunday	10.00 am	All Saints' Llandaff North	Holy Communion
Sunday	10.00 am	All Saints' Rhiwbina	Holy Communion
Sunday	10.00 am	St Mary's Whitchurch	Holy Communion
Sunday	10.00 am	St Thomas's Birchgrove	Holy Communion
Sunday	5.00 pm	St Mary's Whitchurch	Choral Evensong
Tuesday	6.00 pm	All Saints' Rhiwbina	Evening Eucharist
Wednesday	10.00 am	All Saints' Llandaff North	Holy Communion
Wednesday	10.00 am	All Saints' Rhiwbina	Holy Communion + Coffee Morning
Thursday	10.00 am	St Mary's	Holy Communion + Coffee Morning

Normally on the last Sunday of the month.

On the second Tuesday of the month

SIOE FFASIWN
NOS WENER Mai 1^{af}
7:30 ym
Hwmd All Saints, Rhiwbina

Togylt: £10
(yn eiddoedd ddiol)

(Gostyngiad o 10% yn Calon Rhiwbina pan yn cyflwynu'r togyl
hwn yn 31/7/26)

ER BLOD / SUPPORTING
TWM

FASHION SHOW
Friday 1st May
7:30 pm
All Saints Church Hall
Rhiwbina

Ticket: £10
(yn glawr o ffen neu soft drink)

10% discount in Calon Rhiwbina
on presentation of this ticket be-
fore 31/7/26

The Fashion Show raised a magnificent
£1,395
for the Taff Wenallt Ministry Area funds!
Our sincere thanks to the organisers, the
'volunteer' models,
and to everyone who supported the event
in any way.
Diolech yn fawr iawn i chi gyd.

Millie's & Emily's Traditional Carrot Cake



Ingredients:

14 oz of caster sugar
4 eggs
14 fl oz of sunflower oil
14 oz of self-raising flour

1 teaspoon of mixed spice
1 teaspoon of salt
14 oz of grated carrots
1 teaspoonful of vanilla extract

For the topping:

2 oz of unsalted butter
12 oz of icing sugar

6 oz of full-fat cream cheese
Half a lemon, zest *and* juice

Method:

1. Line two loaf tins with greaseproof paper.
2. Preheat oven to 170°C.
3. Whisk eggs, sugar, and oil until thick and pale-coloured.
4. Mix in the flour, spice, and salt using (*ideally*) an electric mixer.
5. Stir in the vanilla extract and grated carrots.
6. Pour the mixture into the two loaf tins.
7. Bake in the oven for 1 hour until a skewer comes out completely clean.
8. Place the cakes on a wire rack until completely cool.

To make the topping:

9. Beat the cream cheese, butter, lemon juice and zest together.
10. Beat in the icing sugar.
11. Spread the topping on the cakes.
12. Serve — and, finally, **enjoy!**

***In this recipe we've included sufficient ingredients for TWO cakes!
If you want to make ONE cake, please halve the amounts given.***

***The recipe of Granny Maud's Boiled Cake was printed in the last Newsletter,
but the Editor — who ISN'T a cook! — didn't realise that that recipe
was also meant to make TWO cakes!***

***If you tried — and failed! — to cram the ENTIRE mixture into one loaf tin,
please accept the Editor's apologies!***

[Millie Bladen James]



‘ I will ask the Father, and He will give you another Advocate, to be with you for ever. This is the Spirit of truth . . . ’ (St John 14, verses 16,17)



Texts:

Acts 17, verses 22 – 31

1 Peter 3, verses 13 – 22

St John 14, verses 15 – 21



We all know, don't we, that there are two subjects that are never to be discussed in polite company — especially not, for example, at a dinner party. The two subjects are, of course, politics and religion. We can probably understand why: it is often the case that any conversation on either of these two matters can easily become rather heated, and sometimes rather personal and undignified. While there are some of us who are quite comfortable with a robust exchange of opinions, others can find it deeply uncomfortable. If in doubt, therefore, we stick to talking about the weather, holidays, or anything else uncontentious.

But perhaps that should sit a little uncomfortably with us? After all, if no-one had ever said anything about religion, how would any of us have found our way to the church? I expect that the subject has come up at some point in each of our lives. And, by the same token, how can other people find out why we think faith has something to offer if we never dare mention it? In St Matthew's Gospel we read that great commission to the disciples, which we, too, need to hear for ourselves:

‘ Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age. ’

These words of Jesus are important. I don't think they can be easily ignored. They speak, essentially, of sharing the good news with others because we believe that this good news matters and can change our lives and theirs.

The question, though, is how we do that. How do we make disciples of all nations? How do we teach others? How do we share the good news? I think that each of this morning's readings has something helpful to offer on the subject.

Let's begin with the Acts of the Apostles. Paul is in Athens, at the Areopagus, a hill northwest of the Acropolis, which served in antiquity as a meeting place for the supreme council and homicide court. It was, therefore, a place of significance, and somewhere where Paul might find an audience for what he had to say.

I love St Paul because he was never afraid to say what he thought . . . and, indeed, what he believed people needed to hear. In Acts we usually find him quite simply preaching the gospel, trying to persuade his hearers that the good news could be found in following Jesus.

It isn't always quite that simple, of course. In this morning's reading Paul's audience is largely made up of Greek philosophers, and so his message is tailored to what he believes they will understand.

In the Areopagus he has seen an altar to an Unknown God, and he takes this as his starting point, seeking to persuade his audience that the God they consider to be unknown has in fact been seen on earth in the person of Jesus, a God who can be known personally.

It's impossible for us to know whether his audience found Paul's message convincing, but it is wonderful to see the way he constructs his argument, and what he considers is important to emphasise. Paul wanted his hearers to know that God is not distant, but can be known to each one of us personally. In his message he speaks of God as the creator, describing each of us as God's offspring. The God of whom Paul speaks is undoubtedly rational and supremely powerful.

I want to encourage you to take some time during the coming week to study this reading from Acts. As I have read and re-read it, I have spent a great deal of time asking myself what I would have said had I been in Paul's position. I just love the way he sought to make a connection with his listeners! The sense of God as being in a relationship with us resonates strongly with me; and I also like the way Paul speaks of us as groping for God — that sense of searching is something I recognise.

There are some other things that Paul says which aren't quite the way I see things! It is important to be honest about where we find words and ideas in the scriptures that are uncomfortable. It's through prayer, conversation, and reflection on such things that we sometimes grow.

If the reading from Acts is the first example of how we might share the good news, the words of 1 Peter help in a very different way. This reading contains one of my personal favourite verses in scripture:

'Always be ready to make your defence to anyone who demands from you an account of the hope that is in you; yet do it with gentleness and reverence.'

In many ways I seek to make this a touchstone of my ministry. The message of our faith is one of hope — a message I believe the world desperately needs to hear. And the challenge from Peter is how each of us might share that message. What is the hope that you find in your faith? How can you share that hope with others?

What I particularly like about the way this verse is phrased is that it is not about standing on a street corner and forcing our ideas on unsuspecting passers-by! It *is* about that time when someone genuinely wants to understand why it is that we go to church, what it is that we find in our faith that matters to us in our lives. Peter advises us that we should be gentle and reverent as we seek to explain. It's a reminder not to attempt to force our ideas on other people, while acknowledging that it is important to us, not something to be flippant about. If we dodge the issue, or deflect the conversation elsewhere, perhaps we are selling ourselves and God short.

As is so often the case in St John's Gospel, we are not given a straight answer to the question of how we share the good news. Instead, today's gospel reading provides some rather beautiful poetry. It speaks of the importance of loving God — and that part of the way we love God is by keeping His commandments. This is helpful to us as we consider ways to share the good news, because in many ways the lives that we live are the greatest testimony to what we believe.

This coming week we will celebrate the Ascension, when the resurrected Jesus is lifted up into heaven. In St John's Gospel, more than anywhere else in the scriptures, Jesus seems to recognise how hard it is for us to live out our lives of faith, knowing the depth of God's love for each one of us while we don't have Jesus physically next to us, telling us and showing us. The reassurance that He offers is of the Holy Spirit, indwelling in each one of us as a reminder of God's everlasting presence and love.

The thing to remember, though, is that Jesus kept talking about it because He knew how hard it can be! It was hard for those first disciples who had initially spent much time with Jesus, and no doubt felt His physical absence keenly. And it is hard for each of us, too, to be prepared to give an account of the hope that is in us — when there are times when so much of what is happening in the world seems rather hopeless!

And that is why I see this morning's readings as so helpful: because they show us different ways in which the good news might be shared, and invite us to consider how we might do the same. One of the reasons I believe that is so important is because we don't just share the good news to bring others to faith — we also do so because it helps us to grow in our faith. As we examine what others have thought, said, and done, we can prayerfully consider our own perspectives, sometimes alone, and sometimes with others. And as we do so we grow ever closer to the God who loves us. Amen.



(MAL Rev'd Theresa's Sermon for 10th May, Easter VI, the Sunday before Ascension Day.)



All Saints' Church, Rhiwbina



Summer Fair

Saturday 13th June

10.00 am – 2.00 pm

Refreshments

Raffle

Cake Stall

Plants

Garden Accessories

Rain or shine, there'll be something for all the family!

St Thomas's Church, Pantbach Road, Birchgrove. CF14 1UE

Birchgrove in Bloom
FLOWER FESTIVAL

Saturday 30th May 2026

1.30 pm – 3.30 pm

St Thomas  are asking for donations of
Raffle prizes, and
Plants
Plant pots/vases
Cakes

to sell on the day.

Competitions – see below – free entry!

ALL OFFERS OF HELP GRATEFULLY RECEIVED! *Please email:*

birchgroveinbloom@gmail.com



**Birchgrove | Flower
in bloom | Festival**

Saturday 30th May 2026
1:30pm - 3:30pm
St Thomas Church, CF14 1UE

*Join us at Birchgrove In Bloom Flower Festival,
a celebration of creativity and community.*

There will be refreshments, homemade cakes,
entertainment and plants for sale.

You can also enter one of our competition
categories:

**Fill your Welly Boot | Hanging Basket | Summer Wreath
Cut Flower Display | Wales for Wildlife Planter**

Competition entry is free!
To enter scan the QR code or email
birchgroveinbloom@gmail.com



WORD-ASSOCIATION QUIZ Questions

(All answers contain the element JU)

1	Hey! (4)	
2	Andrews. (5)	
3	Pepper. (5)	
4	Symphonic planet. (7)	
5	Klopp. (6)	
6	Don. (4)	
7	Box. (4)	
8	Jet. (5)	
9	Rubbishy Chinese ship! (4)	
10	Webb, Welby. (6)	
11	Coast. (8)	
12	Ha, ha ,ha! He, he, he! Don't I love thee? (6,5,3)	
13	Pot. (9)	
14	Martial arts on dyslexic Post Office Horizon?! (3,5)	
15	<i>Alias</i> Hera. (4)	
16	Book. (6)	
17	Stork who does office work! (8)	
18	Dench. (4)	
19	Jennifer. (7)	
20	Capulet. (6)	
21	Karl. (4)	
22	Spaghetti. (8)	
23	Calendar. (6)	
24	Punch. (4)	
25	Forswear. (7)	
26	Emperor who codified Roman law. (9)	
27	When slaves were freed and debts forgiven. (7,4)	
28	Author of phrase ' <i>Bread and circuses</i> '. (7)	
29	Jeffreys. (5)	
30	Restraining order. (10)	
31	He came, saw, and conquered. (6,6)	
32	OAPs discouraged in this Italian football team! (8)	
33	Sale. (6)	
34	Betrayer's tree. (5)	
35	Pink eye. (14)	
36	Study, knowledge, and science of law. (13)	
37	Major peak in the Swiss Alps. (8)	
38	Traditional British dessert. (6)	
39	Contrasting entities placed close together for effect. (13)	
40	Mood of a verb used in hypothetical situations. (11)	

Dates for your Diaries
June 2026

Date:	Time:	Venue:	Event:
Wednesday 27.5.26	10.00 am	All Saints' LN	Eucharist
Wednesday 27.5.26	10.00 am	All Saints' Rhiwbina	Eucharist & Coffee Morning
Thursday 28.5.26	10.00 am	St Mary's	Eucharist & Coffee Morning
Saturday 30.5.26	10.00 am	St Mary's Lychgate	Plant Sale
Saturday 30.5.26	1.30 pm	St Thomas's	Birchgrove Flower Festival
Sunday 31.5.26	Trinity Sunday		
Sunday 31.5.26	8.00 am	All Saints' Rhiwbina	Holy Communion
Sunday 31.5.26	8.00 am	St Mary's	Holy Communion
Sunday 31.5.26	10.00 am	All Saints' LN	Holy Communion
Sunday 31.5.26	10.00 am	All Saints' Rhiwbina	Holy Communion
Sunday 31.5.26	10.00 am	St Mary's	Holy Communion
Sunday 31.5.26	10.00 am	St Thomas's	Holy Communion
Sunday 31.5.26	3.00 pm	Copleston Methodist	LN Messy Church
Wednesday 3.6.26	10.00 am	All Saints' LN	Holy Communion
Wednesday 3.6.26	10.00 am	All Saints' Rhiwbina	Holy Communion + Coffee
Wednesday 3.6.26	1.30 pm	St Thomas's	Birchgrove Primary School
Thursday 4.6.26	10.00 am	St Mary's	Holy Communion + Coffee
Thursday 4.6.26	2.00 pm	All Saints' Rhiwbina	Ladies' Circle
Thursday 4.6.26	7.00 pm	All Saints' LN	Church Committee Meeting
Sunday 7.6.26	First Sunday after Trinity		
Sunday 7.6.26	8.00 am	ASR & St Mary's	Holy Communion
Sunday 7.6.26	10.00 am	All TWMA churches	Holy Communion
Sunday 7.6.26	2.00 pm	All Saints' LN	<i>Sine Nomine</i> rehearsal
Monday 8.6.26	2.00 pm	St Mary's	Mothers' Union Meeting
Tuesday 9.6.26	2.00 pm	St Mary's Hall	Friends of St Mary's
Tuesday 9.6.26	6.00 pm	All Saints' Rhiwbina	Evening Eucharist
Wednesday 10.6.26	10.00 am	All Saints' Rhiwbina	Holy Communion & Coffee
Wednesday 10.6.26	10.00 am	All Saints' LN	NB No Holy Communion
Wednesday 10.6.26	11.30 am	All Saints' LN	Wedding
Thursday 11.6.26	10.00 am	St Mary's	Holy Communion & Coffee
Saturday 13.6.26	10.00 am	All Saints' Rhiwbina	Summer Fair
Sunday 14.6.26	Second Sunday after Trinity		
Sunday 14.6.26	8.00 am	ASR & St Mary's	Holy Communion
Sunday 14.6.26	10.00 am	All TWMA churches	Holy Communion
Tuesday 16.6.26	2.00 pm	St Mary's Hall	Bingo
Wednesday 17.6.26	10.00 am	All Saints' LN	Holy Communion
Wednesday 17.6.26	10.00 am	All Saints' Rhiwbina	Holy Communion & Coffee
Thursday 18.6.26	10.00 am	St Mary's	Holy Communion & Coffee
Thursday 18.6.26	2.00 pm	All Saints' Rhiwbina	Ladies' Circle

Date:	Time:	Venue:	Event:
Saturday 20.6.26	11.00 am	Llandaff Cathedral	Ordinations to Priesthood
Sunday 21.6.26	Third Sunday after Trinity		
Sunday 21.6.26	8.00 am	ASR & St Mary's	Holy Communion
Sunday 21.6.26	10.00 am	All TWMA churches	Holy Communion
Sunday 21.6.26	3.00 pm	Llandaff Cathedral	Taizé Prayer
Wednesday 24.6.26	8.30 am	St Mary's Hall	Tŷ Calon
Wednesday 24.6.26	10.00 am	All Saints' LN	Holy Communion
Wednesday 24.6.26	10.00 am	All Saints' Rhiwbina	Holy Communion & Coffee
Thursday 25.6.26	10.00 am	St Mary's	Holy Communion & Coffee
Saturday 27.6.26	11.00 am	Llandaff Cathedral	Ordinations to the Diaconate
Sunday 28.6.26	Fourth Sunday after Trinity		
Sunday 28.6.26	8.00 am	ASR & St Mary's	Holy Communion
Sunday 28.6.26	10.00 am	All TWMA churches	Holy Communion
Sunday 28.6.26	12.00 noon	All Saints' LN	Baptism
Sunday 28.6.26	3.00 pm	All Saints' LN	LN Messy Church Barbecue
Sunday 28.6.26	5.00 pm	St Mary's	Choral Evensong
Monday 29.6.26	12.30 pm	ASR Hall	Dementia Platform
Monday 29.6.26	7.00 pm	St Mary's	Whitchurch Festival Service

Pentecost

' the Spirit lives to set us free . . . '



' There is now no condemnation for those who are in Christ Jesus, who do not wander after the flesh but according to the Spirit. For the law of the Spirit which gives life in Christ Jesus, has set me free from the law of sin and death.

And you are not of the flesh, but rather of the Spirit, if so be that God's Spirit lives in you.

Those who do not have Christ's Spirit living in them do not belong to Him.

But if Christ abides in you, the body brings death because of sin, but the Spirit means life through righteousness in Christ Jesus.

Now that the Spirit of Him who awoke Jesus Christ from the dead lives in you, that same Spirit will quicken your mortal bodies for the sake of His Spirit living in you. '

[Romans 8, verses 1, 2, 4,& 8 – 11]

*St Paul was in Corinth when he wrote the Epistle to the Romans, preaching justification by faith in Jesus Christ, as opposed to rigorous observance of every scruple of the Mosaic Law. J.S.Bach (1685 – 1750) set the German text to sublime music in his third Motet, in which the text from Romans is interwoven with different settings of the five stanzas of the devotional Lutheran chorale, ' **Jesu, meine Freude** '. (' Jesu, my great Joy.')*

[Editor: Highly recommended listening. It's inspirational (and demanding!) to sing, too!]