



Sunday 5th July 2026

The Fifth Sunday after Trinity

Welcome

Welcome to worship across the Taff Wenallt Ministry Area. Whether you are visiting for the first time or are a regular member of the congregations, it is wonderful that you are here. If you would like to know more about the life of the church, please speak to a member of the ministry team after the service.

		5th July	12th July
All Saints Rhiwbina	8 am 10 am	Holy Eucharist Holy Eucharist	Holy Eucharist Holy Eucharist
All Saints Llandaff North	10 am	Holy Eucharist	Morning Worship
St. Mary's Whitchurch	8 am 10 am	Holy Eucharist Holy Eucharist	Holy Eucharist Holy Eucharist
St. Thomas' Birchgrove	10 am	Holy Eucharist	Holy Eucharist

Contacts

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Safeguarding

The safety of everyone who attends our churches is of the utmost importance. Should you have any safeguarding concerns, please contact the Safeguarding Officer, Cath Barr, cathrynnanebarr@hotmail.com or the Ministry Area Leader.

Giving

You can find information about how to support the mission and ministry of the churches in this Ministry Area on the website: twma.church/make-a-donation

Readings for today

Zechariah 9:9-12

Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem! Lo, your king comes to you; triumphant and victorious is he, humble and riding on a donkey, on a colt, the foal of a donkey. He will cut off the chariot from Ephraim and the warhorse from Jerusalem; and the battle-bow shall be cut off, and he shall command peace to the nations; his dominion shall be from sea to sea, and from the River to the ends of the earth. As for you also, because of the blood of my covenant with you, I will set your prisoners free from the waterless pit. Return to your stronghold, O prisoners of hope; today I declare that I will restore to you double.

Psalms 145

The response to the Psalm is:
The Lord is loving to everyone.

Romans 7:15-25a

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

Matthew 11:16-19, 25-30

‘But to what will I compare this generation? It is like children sitting in the market-places and calling to one another,

“We played the flute for you, and you did not dance;
we wailed, and you did not mourn.”

For John came neither eating nor drinking, and they say, “He has a demon”; the Son of Man came eating and drinking, and they say, “Look, a glutton and a drunkard, a friend of tax-collectors and sinners!” Yet wisdom is vindicated by her deeds.’

At that time Jesus said, ‘I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.
‘Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.’

Notices

Ministry Area Treasurer

We are looking for a Treasurer to support financial management and accountability across the Ministry Area. This is a key position since the direction of our mission depends on ensuring that our financial situation is sustainable. The role includes financial reporting to the Ministry Area Council and annually to the Charity Commission. There is strong administrative support in place. A fuller role description is available for anyone interested. Please contact the Ministry Area Leader for further information, including an informal chat.

Diary Events

Wednesday 8 th July	10 am	Eucharist All Saints Rhiwbina
	10 am	Eucharist All Saints Llandaff North
Thursday 9 th July	10 am	Eucharist St. Mary's Whitchurch
Monday 13 th July	2 pm	Mothers' Union at St. Thomas's Birchgrove
Tuesday 14 th July	2 pm	Friends of St. Mary's St. Mary's Church Hall
	6 pm	Eucharist All Saints Rhiwbina
Wednesday 15 th July	10 am	Eucharist All Saints Rhiwbina
	10 am	Eucharist All Saints Llandaff North
Thursday 16 th July	10 am	Eucharist St. Mary's Whitchurch
	2 pm	Ladies' Circle at Rhiwbina Church Hall